

2021/22 CAPRICE PROGRAM SCHEDULE

CG Brown	Fred Randall	SFU
----------	--------------	-----

JANUARY-JUNE	Saturday	Sunday Night	Monday	Tuesday	Wednesday	Thursday	Friday
Rec *	9:00-10:30AM	6:30-8:00PM					
6&U	11:00AM-1:00PM			6:45-8:30PM		7-9PM	
12&U	9:00AM-12:00PM			6:45-9PM			
13-15 NS	9:00AM-1:00PM	5:00-8:00PM		6:45-9PM		6:45-9PM	
Junior NS	9:00AM-1:00PM	5:00-8:00PM		6:45-9PM		6:45-9PM	
AWD	10:30AM-12:00PM						
Masters Orange		5:30-7:30PM		6:45-9PM			
Masters Purple		5:45-8:00PM				6:45-9PM	
Masters Duet	9:00-11:00AM						
Masters Solo	11-12/ 12-1PM						
Synchrocise		6-7PM					

*** RECREATIONAL:** Please note that our Recreational program runs once per week at CG Brown on Saturdays OR Fred Randall on Sundays.

January 9, 16, 23 Schedule	Sunday Night
Rec *	6:00-7:30PM
6&U	
12&U	
13-15 NS	5:30-7:30PM
Junior NS	5:30-7:30PM
AWD	
Masters Orange	5:30-7:00PM
Masters Purple	5:30-7:30PM
Masters Duet	
Masters Solo	
Synchrocise	5:30-6:30PM